



December 18, 2018

Holiday Happenings

NEWSbrief Update: In light of the upcoming holidays, NEWSbrief will be on hiatus until January 8. Interested in sharing something in the new year? Please contact Helen Jeffers at newsbrief@cummings.com.

Season's Greetings and Happy New Year! On behalf of the Cummings Properties team, we extend our very best wishes for a wonderful holiday season and a happy, healthy, and prosperous new year. We thank you for your support and pledge our very best efforts as we begin 2019.

Cummings Properties' offices will be open with minimal staff on site on **Monday, December 24**. The offices will be closed **Tuesday, December 25**, in recognition of Christmas, and **Tuesday, January 1**, in celebration of New Year's Day, with no staff on site, except in the event of snow.

Quick Links

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Upcoming Event



Bright Horizons, 100 Cummings Center, Suite 145-G, is definitely in the holiday spirit. The children will be caroling on **Friday, December 21 from 10:30 to 11:00 AM** in the 100-L lobby (located between J. Barrett & Company and People's United Bank).

Special Offers



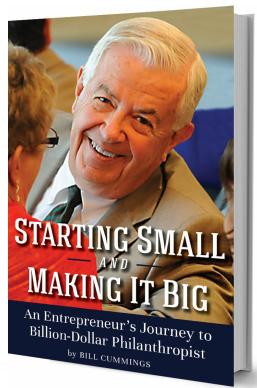
[Loose Nut Garage](#), 100 Cummings Center, Suite 105-F, is now offering interior and exterior deep cleaning for \$250. Through the end of 2018, it is also offering a \$130 winterize special, which includes a flush and refresh of antifreeze, battery test, and wiper blade replacement. For more information, call 978-969-1149.



[WholeMade Kitchen](#), is launching the WholeMade Reboot program on **Monday, January 7**. This program is eight weeks long and designed to help reset one's metabolism using an elimination diet. Sessions will be held on **Mondays** in the Community Conference Room, 100 Cummings Center, Suite 221-E, from **12:30 to 1:30 PM, 5:30 to 6:30 PM, or 7 to 8 PM**. These sessions will help participants identify the causes of inflammation, leaky gut syndrome, and sugar addiction, while

enjoying a cup of nutrient-dense bone broth. Helen Allard, founder of WholeMade, is offering a 20 percent discount on registrations booked before December 25 with the code:

HOLIDAYREBOOT20. Grab a friend or co-worker and save even more when signing up together using the "Bring Yourself and a Friend" rate. For more information, visit the [website](#) or call 978-578-7550.



[Cummings Foundation](#) **Gift Promotion:** Make this year's corporate gift both inspirational and easy by purchasing Bill Cummings' memoir, ***Starting Small and Making It Big***, at a discounted rate of just \$10 each, and letting Cummings Foundation take care of the shipping and handling for each individual book at no extra charge. As always, 100 percent of all proceeds goes to [Cummings Foundation](#). For additional information about this limited-time offer, visit the [website](#).

Noteworthy News

Sharon Cook, 900 Cummings Center, Suite 404-T, has dedicated her latest book, *15 Reasons Why: Men are for Now, Cats are Forever*, to "cat ladies everywhere." Each of the 30 humorous illustrated pages poses questions such as "Do cats expect you to enjoy the game of golf?" The book is \$8.95 and is available [online](#) and in local bookstores. All proceeds of the book will be donated to Friends of Beverly Animals. Learn more in this [Salem News article](#).

[Marconi Radio Tech Center](#), 100 Cummings Center, Suite 120-E, is known for repairing phones and tablets, replacing batteries, and buying/selling used electronics, but the center also installs remote car starters. With its free pick-up and drop-off service, Marconi will install the remote car starter while you work. For more information or a quote, please call 978-395-3000.

Friendly Reminders

Important Parking Reminder: Most parking spaces immediately adjacent to Cummings Center buildings are designated for short-term use only. These short-term spaces are expected to turn over frequently and thereby provide convenient building access to visitors and patrons of our 600+ on-site businesses. Short-term spaces are identified by signage and are monitored throughout the day. **Reminder/violation stickers will be placed on vehicles parked for extended periods, and repeat violators will be towed at the expense of the vehicle owner.**

Employees of on-site businesses, and others whose vehicles are expected to be on site for significant periods, are encouraged to park in one of Cummings Center's four large garages or in open lots away from the buildings, where there is ample parking available throughout the business day. Should you need assistance identifying convenient all-day spaces, or have any questions about parking at Cummings Center, please contact the Leasing Office at 978-922-9000. Thank you for your cooperation as we work to ensure beneficial and sustained commerce at our thriving business center.



If you no longer wish to receive our emails you may [unsubscribe](#). Unfortunately, if you unsubscribe, you **will not** receive important building notices such as water and electric shutdowns, or fire alarm testing.