



January 9, 2018

New Neighbor Profile

Welcome new neighbor **McAlarney and Brien**, 100 Cummings Center, Suite 328-G, to the Cummings Center community. McAlarney and Brien is a CPA firm specializing in tax preparation services. For more information, stop by Suite 328-G or call **781-842-7704**.

Noteworthy News



Bill and Joyce Cummings were recently featured in a *Boston*

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To be included in a future edition, please email newsbrief@cummings.com.

Business Journal article highlighting Cummings Properties' [Employee Directed Giving](#) program, which recently distributed \$357,000 to local nonprofits. For more information, read the [article](#).

Blog Bites

With unemployment at very low levels on the North Shore and throughout Greater Boston, companies are looking for ways to enhance their facilities or even relocate in an effort to recruit and maintain talent. It's important to be knowledgeable about cutting-edge workplace strategies, but it's also critical that organizations be discerning about what's just trendy and what's really in their best interests. A new [blog](#) by Cummings' chief design officer, Jim Trudeau, explains how to know the difference.



Friendly Reminder

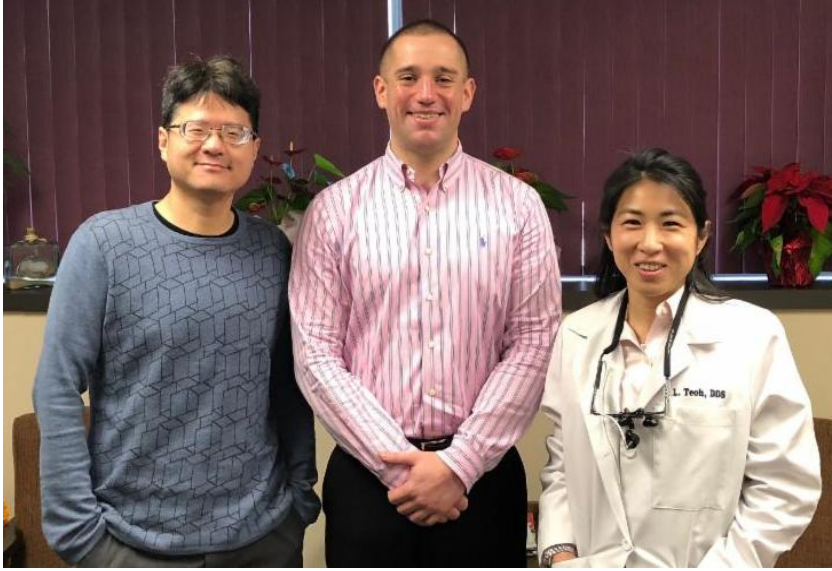
Flu Refresher: There are many actions people can take to reduce the spread of influenza and other illnesses in the workplace, including:

- Getting the flu vaccine, especially if you have a condition that makes health complications from the flu more likely.
- Washing hands frequently with soap and water or an alcohol-based hand gel.
- Coughing or sneezing into a clean tissue or the inside of your elbow.
- Avoiding close contact with others who have a cold or the flu.
- Regularly cleaning items that are often touched by others, such as door handles, phones, faucets, keyboards, and copiers.

For more information about how to avoid and treat the flu, please visit Massachusetts' Health and Human Services [influenza information](#) page.

Business Spotlight

Seven years ago, Dr. Lee came to Cummings Center with the goal to purchase an existing dental practice. A



Left to right: Dr. Meng-Chieh Lee, Cummings Properties account manager Joe Martin, Dr. Michelle Teoh

broker introduced him to Dr. Schneider, who was looking to eventually sell one, and [Beverly Restorative and Implant Dentistry Center](#) (BRAIDC) was on its way.

The team at BRAIDC consists of Dr. Lee, Dr. Teoh, periodontist Dr. Xu, patient care coordinators Roz and Stef, hygienists Cheryl and Tina, and assistants Netta and Chris. According to the team,

Cummings Center's location has been good for business.

"Cummings Center is an easy landmark for our patients to find," said Dr. Lee. "Our Center Drive location has provided us with a lot of exposure, and over the years we have seen an increase in patients who work on site."

Bringing an array of convenient amenities to Cummings Center is an ongoing goal, according to Cummings Properties account manager Joe Martin.

"We are so pleased to have Dr. Lee and the rest of the BRAIDC team as a part of our thriving medical community here," said Martin. "It's part of our effort to offer 'one-stop shopping' for the people who live, work, and play here."

Shoe Snippets

Fun facts about the historic Cummings Center site, formerly known as "The Shoe"

The length of 100 Cummings Center measures one-fourth of a mile from north to south, and the building contains approximately 1.3 million square feet of leasable space.

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