



February 2024

This monthly newsletter is prepared primarily for and about Cummings Properties' leasing clients in Beverly. [Sign up here](#) to enjoy the latest client news, events, special offers, and more.

## A Happy, Healthy 2024

Beat the winter blues with a little help from the fitness experts at these Cummings Center neighbors.



BEVERLY ATHLETIC CLUB



Outdoor enthusiasts might also enjoy the Upper and Lower Shoe Pond walking path and [fresh air fitness course](#) at Cummings Center and [Norwood Pond walking trail](#) at Dunham Ridge.

## Welcome, New Neighbor



**CAMBRIDGE**  
BIOTHERAPIES

**Cambridge Biotherapies**, 100 Cummings Center, Suite 206-N, offers accessible, innovative mental health care treatments at three MA locations. [Visit the website](#) to explore

next-generation solutions for an array of mental health concerns, and learn more via this [Yahoo! Finance feature article](#).

## To Do This Month



**Human Resources Summit**

**MP Wired for Hire**

**Tuesday, February 13**

**9:00 AM-2:00 PM**

*Boston Marriott Burlington*

*1 Burlington Mall Road, Burlington*

At this complimentary event, Beverly leasing client **MP Wired for Hire** will host a panel discussion, a review of 2024 compliance updates, and a breakdown of artificial intelligence's role in HR. Capacity is limited. Reserve your spot online.

## SeniorCare

Elder Services | Information | Solutions

### Open House

#### SeniorCare

**Tuesday, February 13**

**11:30 AM-1:00 PM**

*Community Conference Room  
100 Cummings Center, Suite 221-E, Beverly*

Enjoy light refreshments and rewarding raffles while learning how nonprofit **SeniorCare** can assist you in caring for an elderly or disabled family member or friend. Call 978-281-1750 or visit [www.seniorcareinc.org](http://www.seniorcareinc.org) for additional details.



greenBeverly

### Talking Trash

#### Green Beverly

**Thursday, February 15, 6:00-8:00 PM**

*The Cabot, 286 Cabot Street, Beverly*

Learn about Beverly's waste systems at this playful and informative event. Attendees will enjoy free allergy-friendly meals, childcare, and a raffle. See flyer to learn more and reserve your spot.



North Shore Chamber of Commerce

### THRIVE Lunch & Learn Workshop

#### The North Shore Chamber of Commerce

**Wednesday, February 21**

**11:30 AM-1:00 PM**

*North Shore Chamber Education Center*

*500 Cummings Center, Suite 1700, Beverly*

Chamber member **Marcel V. Quiroga**, founder and CEO at TQM Wealth Partners, will discuss financial health. Space is limited. Reserve a spot online (\$25 for members and \$35 for non-members).

THRIVE is an initiative to empower women in business to succeed personally and professionally. THRIVE programs are open to all.



### Polar Plunge Fundraiser

#### CrossFit Variance Plus

**Saturday, February 24**

**10:30 AM-12:00 PM**

*100 Cummings Center, Suite 135-E, Beverly*

Join Beverly Police Department and Cummings Center neighbors **CrossFit Variance Plus** and **Northeast Arc** for the first annual mobile polar plunge. All proceeds will benefit Special Olympics Massachusetts. Learn more and register online.



## Strategic Leadership in Innovation

### North Shore Technology Council

Thursday, February 29

12:00-1:00 PM

*Online event*

Vivo Group CEO **Gwen Acton**, Ph.D. will present on key practices for and challenges to effective leadership in science and technology organizations. Please register online to attend this complimentary Zoom event.

## Book Now, and Save the Date



### 30<sup>th</sup> Anniversary Concert

#### Express Yourself

Friday, March 15, 7:30 PM

North Shore Music Theatre  
54 Dunham Road, Beverly

Youth services nonprofit **Express Yourself**, of Cummings Center, will

celebrate its 30<sup>th</sup> anniversary with a live performance by artist **Ricky Duran**. Known for his role on season 17 of NBC's "The Voice," Duran gained widespread popularity following the release of his chart-topping first album, "Space & Time."

Tickets are available for purchase online. (See flyer for pricing details.) All proceeds will benefit **Express Yourself's** nonprofit youth programming.



### Basic Mediation Training

#### The Resolution Center

Tuesday, April 30-Saturday, May 11

100 Cummings Center, Suite 307-J, Beverly

Experienced coaches will train participants in basic mediation and conflict management via an eight-session course, including six evening sessions via Zoom and two full-day sessions at Cummings Center. This seminar meets the Commonwealth's requirements to establish mediator confidentiality. Please register online by **April 15**.

## Cummings Buildings Power Charities



**Follow Us:** Cummings Foundation is now on Instagram. Follow along for a behind-the-scenes look at how the rental income from valuable leasing clients like you supports hundreds of community nonprofits.

**Breaking Ground: University of Global Health Equity (UGHE)** has broken ground on a new residence for visiting faculty at its campus in rural Rwanda. Funded by a gift from Cummings Foundation, the 10,000-square-foot structure will facilitate inter-institutional efforts to advance global health care. (This gift was made in concert with the 2023 creation of the Paul Farmer Collaborative of Harvard Medical School and UGHE.)



We're delighted to share [this one-minute clip](#) from the December 19 groundbreaking ceremony at the site of UGHE's future Ubuntu Global Faculty Center.

*To Cummings' more than 2,000 leasing clients, thank you for your tenancy, which is so enormously helpful in funding all the Foundation's good works.*

## Client Congrats

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**KRISTINA**  
LAW OFFICE OF  
**RAMPL** P.C.

**Kristina Rampl**, of the Law Office of Kristina Rampl, was honored among *Boston* magazine's 2023 Top Lawyers, an extensive directory of regional

attorneys selected via peer nomination and advisory board review. [View the full article online.](#)

**Topsfield Bakeshop**, the name behind Whoo(pie) Wagon, was voted Readers' Choice for best dessert table in *Northshore* magazine's "2024 Best of the North Shore (BONS) Wedding Awards." [View a complete list](#) of the local providers who made the cut.



## Special Offer

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**10% Off for New Clients**

**Miriam Klamkin, E.A.**

*100 Cummings Center, Suite 341-G, Beverly*

New clients will receive 10 percent off any 2023 tax return. To qualify for this discount, provide tax



preparer and advisor **Miriam Klamkin** with all tax documents **prior to March 1**. Contact [miriamklamkinea@gmail.com](mailto:miriamklamkinea@gmail.com) or 978-522-6643 to learn more.

## Noteworthy News



The engineering experts at **Goddard** are enjoying attractive new wall décor, thanks to the creative youths at on-campus neighbor **Express Yourself**. Learn about the “Art Express” art leasing program, and view the vibrant new scene at Goddard, [via LinkedIn](#).



**MobiCuts** offers a full line of barbershop services for individuals of all ages and hair types. Book your appointment online, or stop by the sleekly outfitted **MobiCuts** lounge (100 Cummings Center, Suite 107-F) for a walk-in cut, shave, clean-up, color, and more.

## Perks for Your Business



**Lab Interns Available:** Gloucester Biotechnology Academy is confirming spring and summer 2024 internship placements for the aspiring lab technicians enrolled in its Biotechnology Certificate Program.

Academy students receive seven months of hands-on training (600+ bench hours) before being placed in biotech labs throughout Massachusetts for this 12-week internship.

Firms that might benefit from having a spring (March-May) or summer (June-August) intern are encouraged to contact the Academy's director of partnerships, **Laura Richane**, at [laura.richane@gmgi.org](mailto:laura.richane@gmgi.org).

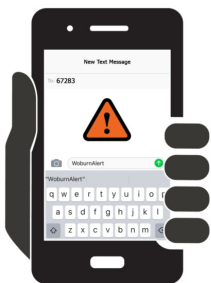


**Laura** will also host a Q&A session **Friday, February 13, 12:00-1:00 PM**, at InnoVenture Labs (100 Cummings Center, Suite 451-C).

**Note:** Massachusetts Life Sciences Center's Internship Challenge program provides **reimbursement of intern compensation** to companies with 100 or fewer employees in the Commonwealth.



**Business Tax Breaks:** Learn about key tax credits for small business owners via [Boston Business Journal](#) and [this informative resource](#) authored by the experts at Woburn leasing client **LGA**.



**Be In the Know:** Beverly has activated a new Smart911 alert system. [Learn more](#) via Beverly Patch, and [sign up online](#) to receive notifications about local public safety emergencies, extreme weather, traffic detours, and more. As a reminder, both [National Grid](#) and [Eversource](#) offer the option to enroll in real-time utility service alerts as well.

## The Latest at Cummings

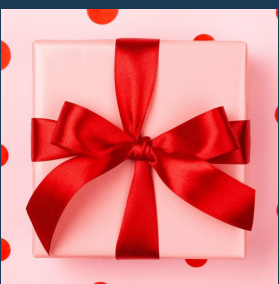


**Bill Cummings** joined podcaster **Joe Piantedosi** (pictured, left) in the recording studio for an episode of the popular show, "Breaking Bread." [Listen to the full interview](#) to hear Bill's candid thoughts on what it takes to succeed in a big way and why it is so rewarding to share the fruits of that success.

## Friendly Reminders



**Snow Parking:** Winter parking and towing regulations are in effect **through March 31**. Please review protocols for [Cummings Center](#) and [Dunham Ridge](#), and direct related questions to your account manager (978-922-9000).



**Valentine's Day Shopping Made Easy:** Remember your neighboring merchants while shopping. Cummings is home to a diverse collection of businesses, many of which offer gift certificates and special gift packages that are suitable for friends and relatives of all ages. Make a busy time less hectic. Check out the [Cummings Client Directory](#) to discover all that's available locally.



**We want to hear from you!** Do you have news or a great photo to share? Is there a special you'd like to offer to Cummings clients? Email your news, offers, photos, and more to [newsbrief@cummings.com](mailto:newsbrief@cummings.com).

## Earn Cash for Client Referrals

Know someone looking for space? You could earn \$1,000 or more for referring a new client to Cummings Properties. Within our portfolio, which spans 11 cities and towns north of Boston, we have a space for every need. Contact your account manager or [view this flyer](#) to learn more.

Earn \$1 per square foot for a successful lease with us, with a minimum referral bonus of \$1,000!



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