



July 2019



Quick Links

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[Executive Office Suites](#)



Cheers to the [Cummings Executive Suites](#) team for 10 years of offering flexible office arrangements at TradeCenter 128. This one-stop workspace shop has grown from just 20 clients in its first year to more than 300 today. It's where businesses go to grow.

Latest at Cummings



Gas Delivery Service: [GetGas Boston](#), which delivers gas directly to your car while you work, now serves [select Cummings Properties locations](#) in Woburn and Beverly. Simply download the GetGas app, and schedule your gas delivery. There is no need to be present for the delivery. GetGas says that its members always receive a discounted gas price per gallon as compared to local prices of similar octane gasoline. Download the GetGas app from the [iPhone](#) or [Google](#) app stores.

Client News



[BankW Staffing](#) has reached a major milestone, surpassing [20,000 job placements](#) since its first company opened in 2005. In addition to being an industry leader in staffing and recruiting, the company gives back to local communities through volunteer initiatives.



Deltek

[Deltek](#)'s Customer Care organization was awarded an [ACE \(Achievement in Customer Excellence\) Award](#) from Confirmit. This accolade demonstrates Deltek's outstanding commitment to customer support and marks the 12th year it has been recognized with a prestigious ACE Award.



[High Function Fitness](#) recently introduced Myzone heart rate tracking, which enables members to track their heart rate, calories burned, and effort in real time, as well as to set goals, achieve status rankings, and receive email workout summaries. Visit High Function Fitness or email emily@highfunctionfit.com for more information.



MCLANE
MIDDLETON

[McLane Middleton](#) announced the [hiring of attorneys](#) Laura Kahl and Kolbie McCabe. Laura is an associate in its Woburn Litigation Department, and Kolbie is an associate in the firm's Manchester, NH Tax Department. Additionally, Jennifer Parent was recently recognized with Suffolk University Law School's Outstanding [Alumni Service Award](#).



[North Suburban YMCA Children's Center](#) at 100 TradeCenter is currently accepting toddler and preschool enrollments for the 2018-2019 school year.



[SHP Financial](#) offers [SHP Retirement Road Map® Radio](#), a weekly financial radio show and podcast series dedicated to providing the most up-to-date financial news and information for those at or nearing retirement in a fun, entertaining, and easy-to-follow format. [Learn how to listen](#) to live or previously recorded shows.

Wellness

Should you exercise on vacation? The short answer is, "it depends." But it *IS* possible to enjoy summer without ditching your health and fitness goals.

Before you leave for vacation, plan your workouts, but *be realistic*. If working out will enhance your time away, plan a few and knock them out. If working out will cause stress or tension, give yourself the "OK" to take that time off and return to your routine when you get home, hopefully relaxed and refreshed. If taking time off from your workouts will make you feel guilty, however, plan a couple (20-60 minutes). Talk to your coach before you leave about a manageable vacation workout/movement schedule that will keep you on track toward your goals without interfering with important time off.

~Courtesy of [High Function Fitness](#)

Upcoming Events

BREAKOUT

On **August 21 and 22**, [Breakout Games](#) is having a real-life treasure hunt, giving away \$2,000 in cash as it hides \$100 bills throughout both the Boston/Marlborough and Boston/Woburn areas. The company will release the coordinates of each bill on the days of the event, between 5 and 8 PM. All you have to do is be the first to find the hidden cash! Participants must [join the hunt](#) prior to the event (scroll down to "Breakout Boston Treasure Hunt").

Special Offers



25% Discount off LASIK or PRK Procedures

[Avant Lasik Spa](#)

300 TradeCenter, Suite 7690

Call 781-281-7950, or visit [the website](#)

Free consultations also available



Grow Your Business: Connect with the thousands of visitors to Cummings Properties buildings by advertising on the Captivate Network TV screens located in 14 of these properties. Connect directly with Captivate through [a simple online process](#) to display your marketing message on the screens of your choice.

Cummings Building Power Charities

\$100K for 100 Winners Announced: The list of 100 local nonprofits to win grants of \$100,000 each this year from Cummings Foundation is [now available](#). The impressive grant winners recently gathered for a night of celebration and inspiration. Visit our Flickr pages for [posed](#) and [candid](#) photos from this feel-good evening, which included remarks by **Joyce and Bill Cummings** as well as special guest **Governor Charlie Baker**.

Thank you for choosing to lease with Cummings, as your rent dollars help make this kind of philanthropy possible.



Friendly Reminders

Picture-Perfect Picnic: Now that it is barbecue season, clients are reminded that TradeCenter 128 offers **Pondside Park**, a pleasant no-cost venue for company picnics. This scenic green space features benches, a charcoal grill, and cornhole boards. Clients may reserve the use of the park and the charcoal grill *free of charge* on a first-come, first-served basis. For more information, or to schedule the park for a picnic, please contact Gloria Papile at 781-935-8000.

Online service call reminder: Is there a maintenance issue that needs to be addressed? Cummings Properties provides maintenance services Monday through Friday (except holidays) from 7 AM through 4 PM for all building standard equipment. Clients may request service calls online by visiting cummings.com/service_call. This system not only offers a quick and easy way to report a maintenance issue but also helps expedite service. Clients can add this system to their smartphone home screens by tapping the "Share" icon (for iPhones) and selecting "Add to home screen." Android users can tap the menu button and then select "Add to home screen."

If preferred, clients may still place a service call to 781-935-8000. Service requests are dispatched in the order received and generally responded to before the end of the next business day.

As a reminder, local police or fire departments should always be notified first in the event of a life safety emergency (e.g., fire, accident, burglary). Similarly, suspected gas leaks

should be reported directly to the appropriate gas company.

Referral Opportunity

Earn \$1 for every square foot your referral leases from Cummings Properties.

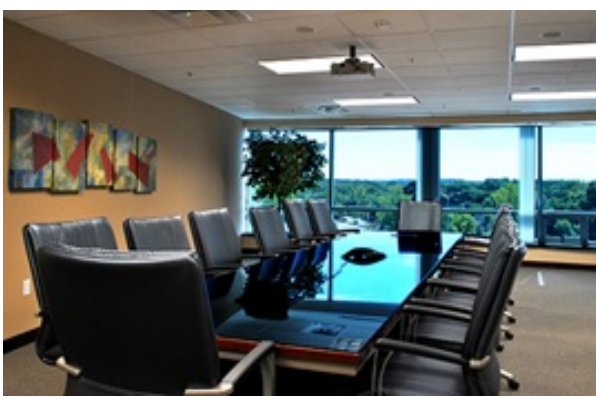
[See details here](#), or speak with your account manager to learn more about the referral program, this featured space, or other spaces available at TradeCenter 128 and elsewhere within Cummings Properties' portfolio.



Prime sixth-floor suite at TradeCenter 128 with more than 9,500 square feet of first-class office space. This superb suite faces the busiest interstate highway segment in New England, just one mile south of the intersection with I-93.

Suite Features:

- Scenic pondside park
- Sub-dividable, modify to suit
- Abundant business and lifestyle amenities on site
- Prominent sixth-floor location with commanding views
- High-visibility signage opportunity facing I-95/Route 128
- Spacious private offices, conference and break rooms, and open work areas
- Free on-site garage parking, electric vehicle charging, and dedicated bicycle parking
- Direct MBTA bus service to/from Wellington Station in Medford



[View Floor Plans](#)

If you no longer wish to receive our emails you may [unsubscribe](#). Unfortunately, if you unsubscribe, you **will not** receive important building notices such as water and electric shutdowns, or fire alarm testing.