



August 2019

## Local News



**Always Be Notified:** Sign up to receive basic text message alerts from the city of Woburn for public safety emergencies, extreme weather warnings, traffic detours, parking bans, and more, simply by texting **WoburnAlert** to **67283**. Woburn Alerts are also available through [Rave Smart911](#), a free service.

## Quick Links

[Client Directory](#)

[Service Call Request](#)

[Executive Office Suites](#)



## New Clients

**coffr**

**Coffr**, located at 250 TradeCenter, Suite 1395, is an urban technology startup offering self-service storage lockers in Boston. It is partnering with commercial and municipal properties to place connected lockers, providing commuters, travelers, and tourists with a safe, convenient storage solution as they spend time in the city. If you know of any groups in Boston that would be interested in offering this service to their customers, please have them reach out to Wes Barlow at [wesley.barlow@coffr.io](mailto:wesley.barlow@coffr.io).

**HMDR**<sub>PC</sub>

HAMEL MARCIN DUNN REARDON & SHEA, PC

**Hamel, Marcin, Dunn, Reardon, & Shea, P.C.**, located at 400 TradeCenter, Suite 6810, is a client-focused litigation firm that strives to provide the highest level of personal service and representation to leading corporations, hospitals, employers, insurance companies, and individuals.

## Client News



[McLane Middleton](#) law firm received a [Band 1 ranking](#) in Chambers' High Net Worth Guide - Private Wealth Law section. In addition, attorneys Alexandra T. Breed, Steven M. Burke, George L. Cushing, Christopher R. Paul, Robert A. Wells, and William V.A. Zorn received individual rankings.



[Oasis](#) provides human resources services, payroll administration, employee benefits services, and risk management. It offers integrated, cost-effective PEO solutions for businesses, which allow them to lower expenses, increase profits, and focus on their core business. For a free consultation, click [here](#), email [sales@oasisadvantage.com](mailto:sales@oasisadvantage.com), or call 866-709-9401.

## Workplace Safety



In this day and age, with episodes of workplace violence being reported by news media with alarming frequency, this is unfortunately a topic about which everyone should be aware. Accordingly, all clients are encouraged to view [this brief video](#), created by the Federal Bureau of Investigation about active shooter situations. If you receive a credible workplace threat, call 9-1-1 immediately, and notify your supervisor.

## Wellness

When it comes to exercise, seek adaptation. Ask yourself, "Is what I'm doing hard?" If yes, good. Keep doing it until it's not hard. At that point, find a way to make it hard again.

If your workout is not challenging your current ability level, your body has no reason to adapt or respond with changes. Of course, one needs to stay safe and understand that "hard" looks different for everyone. But don't be afraid to challenge yourself physically and mentally if you want to change something.

~Courtesy of [High Function Fitness](#)

## Upcoming Events



### [Woburn Community Blood Drive](#)

**Tuesday, August 13, 2:00 - 7:00 PM**

*New Horizons at Choate, 21 Warren Ave, Woburn*  
Visit [redcrossblood.org](http://redcrossblood.org) and enter "New Horizons" to schedule an appointment, or call 1-800-RED-CROSS (1-800-733-2767).



### [MassBio Member Regional Mixer](#)

**Thursday, August 15, 5:00 - 7:00 PM**

*Strega Prime, 400 TradeCenter, Woburn*  
[Learn about membership](#) in this organization that represents more than 1,000 biotechnology companies.

### [Dine Out Boston](#)

**August 18-23 and August 25-30**



\$15, \$20, \$25 lunches

\$28, \$33, \$38 dinners

View a list of [participating restaurants](#), including [Strega Prime](#).



### [Free Electronic Waste Collection Events](#)

**Coming in September**

Start setting aside electronic waste to recycle!

## Cummings Buildings Power Charities

**New Grant Cycle:** Cummings Foundation is now accepting Letters of Inquiry (LOI) for the 2020 cycle of the [Cummings \\$20 Million Grant Program](#). Submission of an LOI is the first step toward applying to become one of 125 local nonprofits to be awarded a grant next June. This new program is effectively a merger of the \$100K for 100 and Sustaining Grants initiatives. Please spread the word to worthy local nonprofits that are doing important work in local communities.

*Thank you for choosing to lease with Cummings,  
as your rent dollars help make this kind of philanthropy possible.*

**Get a Glimpse!** Check out the one-of-a-kind celebration for Cummings Foundation's latest grant winners by watching [this video](#). Enjoy the third annual **\$100K for 100** poem, remarks by Governor Charlie Baker, and -- the highlight of the event -- the call-and-response-style announcing of the grant winners by Joyce and Bill Cummings. Creative signs, enthusiastic shouts, festive bubbles, and lots of confetti made for a fabulous evening and a heartwarming celebration of the local nonprofit community.



## Friendly Reminders

**Upcoming Holiday:** Cummings Properties' offices will be closed **Monday, September 2**, in observance of **Labor Day**.

**Lights Out:** To avoid potential damage to equipment and/or projects in the event of a short-term power outage, client firms may consider installing an uninterruptible power supply (UPS), which is a temporary back-up energy source that can be set to automatically turn on when a primary power source is lost. Although there is an upfront expense to install such



equipment, a UPS may be particularly helpful for firms that need to maintain continuous power systems to support or serve their clients' needs. View a list of [client IT firms](#) that may be able to assist.

**No Friction, Please!** Please be careful not to damage carpeting when moving furniture and materials within a suite or along common hallways. Items should never be *dragged* on carpeting, as doing so will frequently create permanent friction burns that are unsightly and require costly carpet replacement. Thank you for your cooperation.

## Referral Opportunity

**Earn \$1 for every square foot your referral leases from Cummings Properties.**

[See details here](#), or speak with your account manager to learn more about the referral program, this featured space, or other spaces available at TradeCenter 128 and elsewhere within Cummings Properties' portfolio.

 Cummings Properties

# First-floor Suites **Woburn & Wilmington**

New-to-Market | 1,000 SF to 5,600 SF

**[1,039 SF](#)**

Suite 1950  
West Cummings Park  
Woburn

[View Floor Plan](#)



**[1,215 SF](#)**

Suite 1930  
TradeCenter 128  
Woburn

[View Floor Plan](#)



**[1,595 SF](#)**

Suite 1100  
8 Cabot Road  
Woburn

[View Floor Plan](#)



**[3,400 SF](#)**

Suite 100  
Concord Street  
Wilmington

[View Floor Plan](#)



**[5,637 SF](#)**

Suite 100  
Fordham Road  
Wilmington

[View Floor Plan](#)



If you no longer wish to receive our emails you may [unsubscribe](#). Unfortunately, if you unsubscribe, you **will not** receive important building notices such as water and electric shutdowns, or fire alarm testing.



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